



Dear Parents,

In our on-going commitment to meet the needs of our campers who require medication while at camp, as well as comply with strict state regulations regarding medication dispensing for summer camps, we once again will be working with **CampMeds Inc.** to provide the convenient service of dispensing, packaging and shipping medications directly to Camp Echo this summer.

Our policy and procedure for dispensing and administering medicine REQUIRES camp families to have all of your child's medicine in PILL FORM (excluding vitamins) to be dispensed by CampMeds and sent to Echo prior to their arrival. This includes all prescription and non-prescription pills taken daily or as needed.

Other medications, liquid or as-needed (PRN) prescriptions, should be sent straight to camp at least one week prior to the start of the session. Label these with you camper's name and cabin, include the doctor's prescription and written instructions for dosage, and mail to: **Camp Echo, Attn. Health Center, 210 Echo Rd., Bloomingburg, NY 12721.**

*Vitamins - do not need to be administered by CampMeds (optional). Vitamins should be mailed to Camp Echo prior to the start of camp (Attn: Health Center) **OR** packed in your campers trunk and given to their counselor while unpacking. Please make sure that they are labeled with your camper's name and cabin. Vitamins will be kept in the Health Center and administered at breakfast.

*We stock most over the counter items such as Tylenol, Advil, Benadryl, etc. so there is no need to send them.

Medications that are in **pill form** are individually packaged and sealed according to date and time of administration. Each individual packet may contain one or more pills prescribed to be given at the same time. This method of dispensing medicine during summer camp minimizes potential med errors, ensuring that every camper gets the correct medication and dosage, at the right time, on the right day. It also allows your children to return to their camp activities sooner, because administering meds that are pre-packaged and organized reduces their time spent in line waiting for meds! Our nurses now have more time to devote to your child's other healthcare needs.

Please remember that all medication at camp is dispensed at mealtimes and bedtime. Only if medically necessary and a specific time is written on the prescription, will the meds be dispensed at a different time of day. You are responsible to check that your child's prescriptions are written exactly how and when the medication is to be given. For example, if the med is to be taken only as needed, the prescription must be written that way; if the med is to be the "brand drug", the prescription must specify "brand only" or the generic will be dispensed.

We want to be clear that we do expect **100% participation** from families with campers who will need medication while at camp. The only exception to this procedure is if **CampMeds** notifies us that they are unable to accept your insurance. If your camper does not take medication in pill form, you do not need to register with **CampMeds**.

If your camper will be taking medication at camp this summer, please read the following detailed letter, important FAQ's and visit their website, www.campmeds.com for additional information and to register your camper.

We are confident that this program continues to help us achieve our primary goal; ***the health, well-being and safety of your child.***

Regards,

Cindy & Jeff