

# ***NEW POLICIES AND PROCEDURES FOR ALL CAMPERS REQUIRING ANY MEDICATIONS WHILE AT CAMP***

Dear Parents,

As Nurses and Physicians at the Camp Echo Health Center, it is our joy and privilege to take care of your children for the weeks they are at camp. We understand that you are entrusting your child's health, safety and wellbeing to us, and we take this responsibility very seriously. In our ongoing commitment to meet the needs of our campers and the highest safety standards, we will continue to work with an excellent prepackaging medication program called CampMeds. Our policy and procedure for dispensing and administering medication requires camp families to have all of your child's medicine to be dispensed by CampMeds, prior to your child's arrival.

These new policies will require 100% compliance by all families of children who take any medications, daily or as needed, pill or liquid form; including prescriptions, over the counter, and prescription vitamins or your child with not be permitted to attend camp.

Please understand that these changes are mandated by the New York State Board of Nursing.

"Registered Nurses are not authorized to dispense medications in New York State. By definition, dispensing is a multiphase process. It includes compounding, packaging, or labeling a substance and delivering the substance (medication) to the patient." New York State Nurse licensing regulations.

**The only medications allowed on the bus to camp are Epi Pens, Inhalers, Insulin and Growth Hormone.** These medications must be accompanied by a Doctor's order. The prescription label is not an order and is not acceptable. The Growth Hormone must be packaged in an individual cooler. There will be no onsite coolers at the bus depots.

If your child arrives at camp with any type of medication in their luggage or possession, it will be confiscated and mailed home at your expense. If your child requires this medication (medical need), you will be required to immediately pick up your child and bring them home until such time as the prescription can be appropriately packaged for single dose administration by a licensed pharmacist.

Our Health Center does stock most over the counter items such as Tylenol, Advil, and Benadryl. If the need arises, we will gladly provide these medications for your child. Over the counter vitamins and nutritional supplements must be mailed to Camp Echo prior to the start of camp. They should be sent "Attention Camp Mom" and labeled with your child's name and cabin information. All supplements or homeopathic remedies/treatments must be labeled with an FDA approval for appropriate administration to children or they will not be permitted at camp. These items are given out at breakfast by the camp moms and will not be administered by the Health Center.

Please register with CampMeds in a timely manner so that your child will have the medication they require by the first day of camp. The only acceptable deviation from this policy is if CampMeds does not accept your insurance. We will need confirmation from CampMeds if this is the case. In this event, you will need to seek out a Pharmacy that can single dose package your child's medication and send it to camp prior to opening day.

We are confident that this program will continue to help us achieve our primary goal; the health, well-being and safety of your child.

Regards,

Your Camp Echo Health Center Staff

Please visit <http://campecho.com/families/campmeds.php> to view and download more information about CampMeds (FAQ's & Registration Info)